# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, DC 20549

#### FORM 8-K

CURRENT REPORT
Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

February 8, 2017
Date of Report (Date of earliest event reported)

## NATURAL HEALTH TRENDS CORP.

(Exact name of registrant as specified in its charter)

001-36849

Delaware

59-2705336

(State o	or other jurisdiction of incorporation)	(Commission File Number)	(IRS Employer Identification No.)
	1 ,	ve, Suite 395, Rolling Hills Estates rincipal executive offices, includin	
	(D	(310) 541-0888	1.
	(Registrant	ard telephone number, including ard	ea code)
	appropriate box below if the Form 8-K of the following provisions (see Gene	<u> </u>	ly satisfy the filing obligation of the registrant
	Written communications pursuant to	Rule 425 under the Securities Act	(17 CFR 230.425)
	Soliciting material pursuant to Rule 1	4a-12 under the Exchange Act (17	CFR 240.14a-12)
	Pre-commencement communications	pursuant to Rule 14d-2(b) under t	he Exchange Act (17 CFR 240.14d-2(b))
	Pre-commencement communications	pursuant to Rule 13e-4(c) under the	ne Exchange Act (17 CFR 240.13e-4(c))

#### Item 2.02 Results of Operations and Financial Condition.

On February 8, 2017, Natural Health Trends Corp. issued an earnings release announcing its results for the quarter and year ended December 31, 2016. The press release is attached hereto as exhibit 99.1.

#### Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

99.1 Press Release of Natural Health Trends Corp. dated February 8, 2017

#### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: February 8, 2017

NATURAL HEALTH TRENDS CORP.

By: /s/ Timothy S. Davidson

Timothy S. Davidson

Senior Vice President and Chief Financial Officer

Exhibit 99.1

#### Natural Health Trends Reports Fourth Quarter and Full Year 2016 Financial Results

- Record quarterly operating income increased 44% year-over-year to \$20.0 million
- Active Members<sup>1</sup> increased 9% year-over-year to 118,960
- Increased quarterly dividend 13% to \$0.09 per share
- Declared special dividend of \$0.35 per share

LOS ANGELES – February 8, 2017 – Natural Health Trends Corp. (NASDAQ: NHTC), a leading direct-selling and e-commerce company that markets premium quality personal care, wellness and "quality of life" products under the NHT Global brand, today announced its financial results for the fourth quarter and full year ended December 31, 2016.

#### Fourth Quarter 2016 Financial Highlights

- Total revenue decreased 15% to \$62.3 million, compared to \$73.7 million in the fourth quarter of 2015.
  - Revenue from the Company's Hong Kong operations, which represented 90% of total revenue, decreased 17% to \$56.1 million, compared to \$67.7 million in the fourth quarter of 2015.
  - Revenue outside of Hong Kong increased 5% to \$6.2 million, compared to \$5.9 million in the fourth quarter of 2015.
- Operating income increased 44% to \$20.0 million, compared to \$13.9 million in the fourth quarter of 2015.
- Net income was \$19.0 million, or \$1.70 per diluted share, compared to \$13.7 million, or \$1.13 per diluted share, in the fourth quarter of 2015.
- The number of Active Members<sup>1</sup> decreased 3% to 118,960 at December 31, 2016, compared to 122,900 at September 30, 2016, and increased 9% compared to 109,360 at December 31, 2015.

<sup>&</sup>lt;sup>1</sup> Natural Health Trends defines Active Members as those that have placed at least one product order with the Company during the preceding twelve month period.

#### Full Year 2016 Financial Highlights

- Total revenue increased 9% to \$287.7 million, compared to \$264.9 million for the full year of 2015.
- Operating income increased 34% to \$64.1 million, compared to \$47.9 million for the full year of 2015.
- Recognized income tax provision of \$9.0 million primarily due to the expected partial repatriation of overseas profits, an increase of \$8.4 million compared to the full year of 2015.
- Net income was \$55.1 million, or \$4.83 per diluted share, compared to \$47.2 million, or \$3.82 per diluted share, for the full year of 2015.

#### **Management Commentary**

"2016 was a tremendous year for Natural Health Trends and reflected solid progress on our strategic plan despite some external challenges we experienced throughout the year," commented Chris Sharng, President of Natural Health Trends Corp. "Specifically, the fourth quarter reflected a continuation of some of the challenges we discussed in the prior quarter, including a slowdown in Hangzhou, one of our top three markets, after the G20 summit was held in that city last September. Local members in the affected metropolitan area were unable to organize activities and events for weeks, which are key to their effectiveness. In addition, the Chinese yuan depreciated by 7% against the Hong Kong dollar which effectively increased the price of our products for our members residing in mainland China. We expect the first quarter will also present a difficult year-over-year comparison as we plan to launch various new products at our first-half event, the re-branded Ambassador Academy, in March versus in January last year."

Mr. Sharng further commented, "We increased our full year 2016 revenue by 9% over 2015. We are working to strengthen growth through increased leader training and motivation while expanding our reach by geography and products. These efforts will be supported by technological advancements to enhance overall member communication and productivity. Further, due to the flexibility we have built into many of our promotions and incentive programs, we were able to generate record operating profit for the fourth quarter of 2016. I'm also very pleased we will once again be declaring a special dividend in the amount of \$0.35 per share as well as increasing our regular quarterly dividend to \$0.09 per share. Our ability to return capital to our stockholders is due to our robust operating cash flow driven by effective management of our working capital which has kept our balance sheet strong. We look forward to a bright future for Natural Health Trends."

#### **Balance Sheet and Cash Flow**

- Net cash provided by operating activities in the fourth quarter of 2016 was \$16.9 million, compared to \$16.1 million in the fourth quarter of 2015. For the full year of 2016, net cash provided by operating activities was \$53.2 million, compared to \$81.3 million for the full year of 2015.
- On January 24, 2017, the Company's Board of Directors declared a quarterly dividend of \$0.09 per share on outstanding common stock, which represents a 13% increase over the prior quarter dividend, and a special cash dividend of \$0.35 per share on outstanding common stock. The dividends will be payable on March 3, 2017 to stockholders of record as of February 21, 2017.
- For the full year of 2016, the Company repurchased \$23.7 million of its common stock under its existing \$70.0 million stock repurchase program. At December 31, 2016, approximately \$32.0 million remained available for repurchases, inclusive of related estimated income tax.

#### Fourth Quarter and Full Year 2016 Financial Results Conference Call

Management will host a conference call to discuss the fourth quarter and full year 2016 financial results today, Wednesday, February 8, 2017 at 11:30 a.m. Eastern Time. The conference call details are as follows:

**Date:** Wednesday, February 8, 2017

Time: 11:30 a.m. Eastern Time / 8:30 a.m. Pacific Time

**Dial-in:** 1-877-407-0789 (Domestic)

1-201-689-8562 (International)

**Conference ID:** 13652401

**Webcast:** http://public.viavid.com/index.php?id=122399

For those unable to participate during the live broadcast, a replay of the call will also be available from 2:30 p.m. Eastern Time on February 8, 2017 through 11:59 p.m. Eastern Time on February 22, 2017 by dialing 1-844-512-2921 (domestic) and 1-412-317-6671 (international) and referencing the replay pin number: 13652401.

#### **About Natural Health Trends Corp.**

Natural Health Trends Corp. (NASDAQ: NHTC) is an international direct-selling and e-commerce company operating through its subsidiaries throughout Asia, North America, and Europe. The Company markets premium quality personal care products under the NHT Global brand. Additional information can be found on the Company's website at www.naturalhealthtrendscorp.com.

#### **Forward-Looking Statements**

Safe Harbor Statement under the Private Securities Litigation Reform Act of 1995 -- Forward-looking statements in this press release do not constitute guarantees of future performance. Such forward-looking statements are subject to risks and uncertainties that could cause the Company's actual results to differ materially from those anticipated. Such risks and uncertainties include the risks and uncertainties detailed under the caption "Risk Factors" in Natural Health Trends Corp.'s Annual Report on Form 10-K filed on March 4, 2016 with the Securities and Exchange Commission. The Company assumes no obligation to update any forward-looking information contained in this press release or with respect to the announcements described herein.

#### **CONTACTS:**

#### **Company Contact:**

Scott Davidson Senior Vice President and Chief Financial Officer Natural Health Trends Corp. Tel: 310-541-0888 scott.davidson@nhtglobal.com

#### **Investors:**

ADDO Investor Relations Tel: 310-829-5400 investor.relations@nhtglobal.com

### NATURAL HEALTH TRENDS CORP. CONSOLIDATED BALANCE SHEETS (In thousands)

	Decem	nber 31, 2016	December 31, 2015		
	(U:	naudited)			
ASSETS					
Current assets:					
Cash and cash equivalents	\$	125,921	\$	104,914	
Inventories, net		11,257		10,455	
Other current assets		4,066		2,343	
Total current assets		141,244		117,712	
Property and equipment, net		1,388		894	
Goodwill		1,764		1,764	
Restricted cash		2,963		3,166	
Other assets		692		616	
Total assets	\$	148,051	\$	124,152	
LIABILITIES AND STOCKHOLDERS' EQUITY					
Current liabilities:					
Accounts payable	\$	2,145	\$	2,862	
Income taxes payable		663		379	
Accrued commissions		13,611		19,634	
Other accrued expenses		14,989		16,703	
Deferred revenue		4,948		4,011	
Amounts held in eWallets		19,165		16,414	
Other current liabilities		1,633		1,510	
Total current liabilities		57,154		61,513	
Deferred tax liability		268		60	
Long-term incentive		8,190		5,770	
Total liabilities		65,612		67,343	
Commitments and contingencies					
Stockholders' equity:					
Preferred stock		_		_	
Common stock		13		13	
Additional paid-in capital		86,574		85,963	
Retained earnings (accumulated deficit)		38,548		(9,647)	
Accumulated other comprehensive loss		(807)		(101)	
Treasury stock, at cost		(41,889)		(19,419)	
Total stockholders' equity		82,439		56,809	
Total liabilities and stockholders' equity	\$	148,051	\$	124,152	

## NATURAL HEALTH TRENDS CORP. CONSOLIDATED STATEMENTS OF OPERATIONS

(In thousands, except per share data)

		Three Months Ended December 31,		Year Ended December 31,				
		2016		2015		2016		2015
		(Unau	dite	<u>d)</u>	(	Unaudited)		
Net sales	\$	62,312	\$	73,656	\$	287,728	\$	264,860
Cost of sales		11,937		15,073		54,903		54,098
Gross profit		50,375		58,583		232,825		210,762
Operating expenses:								
Commissions expense		21,503		33,155		125,050		126,598
Selling, general and administrative expenses		8,740		11,453		43,245		36,024
Depreciation and amortization		118		82		394		263
Total operating expenses		30,361		44,690		168,689		162,885
Income from operations		20,014		13,893		64,136		47,877
Other income (expense), net		(99)		28		(59)		(84)
Income before income taxes		19,915		13,921		64,077		47,793
Income tax provision		867		222		8,991		552
Net income	\$	19,048	\$	13,699	\$	55,086	\$	47,241
Income per common share:								
Basic	\$	1.70	\$	1.13	\$	4.84	\$	3.84
Diluted	\$	1.70	\$	1.13	\$	4.83	\$	3.82
Weighted-average number of common shares outstanding:								
Basic		11,219		12,118		11,382		12,302
Diluted		11,234		12,159		11,407		12,372
Cash dividends declared per common share	\$	0.43	\$	0.05	\$	0.61	\$	0.14

## NATURAL HEALTH TRENDS CORP. CONSOLIDATED STATEMENTS OF CASH FLOWS (In thousands)

	Year Ended December 31,				
	2016			2015	
	(U	naudited)			
CASH FLOWS FROM OPERATING ACTIVITIES:					
Net income	\$	55,086	\$	47,241	
Adjustments to reconcile net income to net cash provided by operating activities:					
Depreciation and amortization		394		263	
Stock-based compensation		104		86	
Cumulative translation adjustment realized in net income		132		(82)	
Deferred income taxes		217		(15)	
Changes in assets and liabilities:					
Inventories, net		(851)		(6,762)	
Other current assets		(1,681)		(1,025)	
Other assets		(90)		(267)	
Accounts payable		(714)		637	
Income taxes payable		303		(115)	
Accrued commissions		(6,031)		10,840	
Other accrued expenses		51		10,714	
Deferred revenue		947		1,331	
Amounts held in eWallets		2,752		14,350	
Other current liabilities		135		25	
Long-term incentive		2,420		4,105	
Net cash provided by operating activities		53,174		81,326	
CASH FLOWS FROM INVESTING ACTIVITIES:					
Purchases of property and equipment, net		(905)		(710)	
Increase in restricted cash		_		(3,028)	
Net cash used in investing activities		(905)		(3,738)	
CASH FLOWS FROM FINANCING ACTIVITIES:					
Proceeds from exercise of warrants		_		309	
Repurchase of common stock		(23,704)		(16,071)	
Dividends paid		(6,891)		(1,709)	
Net cash used in financing activities		(30,595)		(17,471)	
Effect of exchange rates on cash and cash equivalents		(667)		(19)	
Net increase in cash and cash equivalents		21,007		60,098	
CASH AND CASH EQUIVALENTS, beginning of period		104,914		44,816	
CASH AND CASH EQUIVALENTS, end of period	\$	125,921	\$	104,914	
SUPPLEMENTAL DISCLOSURES OF OTHER CASH FLOW INFORMATION:					
Cash paid for income taxes, net of refunds	\$	8,791	\$	707	
Issuance of treasury stock		1,741		666	