UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, DC 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

April 27, 2017

Date of Report (Date of earliest event reported)

NATURAL HEALTH TRENDS CORP.

(Exact name of registrant as specified in its charter)

Delaware

001-36849

59-2705336

(State or other jurisdiction of incorporation)

(Commission File Number)

(IRS Employer Identification No.)

609 Deep Valley Drive, Suite 395, Rolling Hills Estates, California 90274 (Address of principal executive offices, including zip code)

(310) 541-0888

(Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

□ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

□ Emerging growth company

 \Box If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

Item 2.02 Results of Operations and Financial Condition.

On April 27, 2017, Natural Health Trends Corp. issued an earnings release announcing its results for the quarter ended March 31, 2017. The press release is attached hereto as exhibit 99.1.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

99.1 Press Release of Natural Health Trends Corp. dated April 27, 2017

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: April 27, 2017

NATURAL HEALTH TRENDS CORP.

By: <u>/s/ Timothy S. Davidson</u>

Timothy S. Davidson Senior Vice President and Chief Financial Officer

Exhibit 99.1

Natural Health Trends Reports First Quarter 2017 Financial Results

- *Expanded operating income margin to 21.7%*
- Increased quarterly dividend 11% to \$0.10 per share
- Declared special dividend of \$0.35 per share

LOS ANGELES – April 27, 2017 – Natural Health Trends Corp. (NASDAQ: NHTC), a leading directselling and e-commerce company that markets premium quality personal care, wellness and "quality of life" products under the NHT Global brand, today announced its financial results for the quarter ended March 31, 2017.

First Quarter 2017 Financial Highlights

- Total revenue decreased 19% to \$59.9 million, compared to \$74.3 million in the first quarter of 2016.
 - Revenue from the Company's Hong Kong operations, which represented 91% of total revenue, decreased 20% to \$54.6 million, compared to \$68.2 million in the first quarter of 2016.
 - Outside of Hong Kong, revenue in China decreased 47% year-over-year and was offset by increases in North America and Europe of 37% and 297% year-over-year, respectively.
- Operating income decreased 7% to \$13.0 million, compared to \$14.0 million in the first quarter of 2016. As a percent of total revenue, operating income was 21.7%, compared to 18.8% in the first quarter of 2016.
- Net income was \$10.4 million, or \$0.93 per diluted share, compared to \$11.3 million, or \$0.95 per diluted share, in the first quarter of 2016.
- The number of Active Members¹ decreased 4% to 113,710 at March 31, 2017, compared to 118,960 at December 31, 2016, and decreased 5% compared to 119,800 at March 31, 2016.
- ¹ Natural Health Trends defines Active Members as those that have placed at least one product order with the Company during the preceding twelve month period.

Management Commentary

"Our first quarter 2017 revenue declined year-over-year as we are still working to overcome the slowdown we have been experiencing since the third quarter of 2016," commented Chris Sharng, President of Natural Health Trends Corp. "We also moved our first half major event from early January in prior years, to March this year, making the year-over-year comparison challenging. In addition, the stronger dollar made our products more expensive for our Chinese consumers. Partially offsetting the factors affecting our top-line was heightened productivity in March, following our successful Ambassador Academy in Macau, which attracted over 6,000 members and guests. We were very pleased with the record turnout after moving the event to after the Chinese New Year, which we believe will improve the member experience longer-term."

Mr. Sharng further commented, "Our strong balance sheet and working capital management afford us the ability to focus on our growth initiatives while simultaneously returning capital to our valued stockholders. I am pleased to announce our Board of Directors declared a special dividend in the amount of \$0.35 per share as well as an 11% increase in our quarterly dividend to \$0.10 per share, compared to the prior quarter. While it will take time for the results of our strategic initiatives to bear fruit, we are confident in our ability to attract, motivate and retain a strong member base as well as to expand our product offering into new geographies and categories."

Balance Sheet and Cash Flow

- Net cash provided by operating activities in the first quarter of 2017 was \$13.8 million, consistent with the first quarter of 2016.
- On April 24, 2017, the Company's Board of Directors declared a quarterly dividend of \$0.10 per share on outstanding common stock, which represents an 11% increase over the prior quarter dividend, and a special cash dividend of \$0.35 per share on outstanding common stock. The dividends will be payable on May 19, 2017 to stockholders of record as of May 9, 2017.

First Quarter 2017 Financial Results Conference Call

Management will host a conference call to discuss the first quarter 2017 financial results today, Thursday, April 27, 2017 at 11:30 a.m. Eastern Time. The conference call details are as follows:

Date:	Thursday, April 27, 2017
Time:	11:30 a.m. Eastern Time / 8:30 a.m. Pacific Time
Dial-in:	1-877-407-0789 (Domestic)
	1-201-689-8562 (International)
Conference ID:	13657892
Webcast:	http://public.viavid.com/index.php?id=123414

For those unable to participate during the live broadcast, a replay of the call will also be available from 2:30 p.m. Eastern Time on April 27, 2017 through 11:59 p.m. Eastern Time on May 11, 2017 by dialing 1-844-512-2921 (domestic) and 1-412-317-6671 (international) and referencing the replay pin number: 13657892.

About Natural Health Trends Corp.

Natural Health Trends Corp. (NASDAQ: NHTC) is an international direct-selling and e-commerce company operating through its subsidiaries throughout Asia, North America, and Europe. The Company markets premium quality personal care products under the NHT Global brand. Additional information can be found on the Company's website at www.naturalhealthtrendscorp.com.

Forward-Looking Statements

Safe Harbor Statement under the Private Securities Litigation Reform Act of 1995 -- Forward-looking statements in this press release do not constitute guarantees of future performance. Such forward-looking statements are subject to risks and uncertainties that could cause the Company's actual results to differ materially from those anticipated. Such risks and uncertainties include the risks and uncertainties detailed under the caption "Risk Factors" in Natural Health Trends Corp.'s Annual Report on Form 10-K filed on March 10, 2017 with the Securities and Exchange Commission. The Company assumes no obligation to update any forward-looking information contained in this press release or with respect to the announcements described herein.

CONTACTS:

Company Contact:

Scott Davidson Senior Vice President and Chief Financial Officer Natural Health Trends Corp. Tel: 310-541-0888 scott.davidson@nhtglobal.com

Investors:

ADDO Investor Relations Tel: 310-829-5400 investor.relations@nhtglobal.com

NATURAL HEALTH TRENDS CORP. CONSOLIDATED BALANCE SHEETS (In thousands)

	March 31, 2017		December 31, 2016	
	(U	(naudited)		
ASSETS				
Current assets:				
Cash and cash equivalents	\$	134,672	\$	125,921
Inventories		9,170		11,257
Other current assets		2,687		4,066
Total current assets		146,529		141,244
Property and equipment, net		1,330		1,388
Goodwill		1,764		1,764
Restricted cash		2,992		2,963
Other assets		776		692
Total assets	\$	153,391	\$	148,051
LIABILITIES AND STOCKHOLDERS' EQUITY				
Current liabilities:				
Accounts payable	\$	2,085	\$	2,145
Income taxes payable		2,464		663
Accrued commissions		13,196		13,611
Other accrued expenses		12,048		14,989
Deferred revenue		4,301		4,948
Amounts held in eWallets		20,261		19,165
Other current liabilities		1,954		1,633
Total current liabilities		56,309		57,154
Deferred tax liability		266		268
Long-term incentive		7,720		8,190
Total liabilities		64,295		65,612
Commitments and contingencies				
Stockholders' equity:				
Preferred stock		—		—
Common stock		13		13
Additional paid-in capital		86,657		86,574
Retained earnings		43,992		38,548
Accumulated other comprehensive loss		(996)		(807)
Treasury stock, at cost		(40,570)		(41,889)
Total stockholders' equity		89,096		82,439
Total liabilities and stockholders' equity	\$	153,391	\$	148,051
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NATURAL HEALTH TRENDS CORP. CONSOLIDATED STATEMENTS OF OPERATIONS (In thousands, except per share data)

2017 2016 (Unaudited) Net sales \$ 59,874 \$ 74,346 Cost of sales 11,245 14,280 Gross profit 48,629 60,066 Operating expenses: 25,965 35,086 Selling, general and administrative expenses 9,536 10,904 Depreciation and amortization 136 89 Total operating expenses 35,637 46,079 Income from operations 12,992 13,987 Other income (expense), net 156 (24) Income before income taxes 13,148 13,963 Income tax provision 2,723 2,683 Net income \$ 10,425 \$ 11,280 Net income per common share: 13 148 Basic \$ 0.93 \$ 0.96 Diluted \$ 0.93 \$ 0.96 Basic \$ 0.93 \$ 0.95 Weighted-average number of common shares outstanding: 11,229 11,773 Diluted 11,251 11,817 Cash dividends declared per common share		Three	Three Months Ended March 31,		
Net sales \$ 59,874 \$ 74,346 Cost of sales 11,245 14,280 Gross profit 48,629 60,066 Operating expenses: 25,965 35,086 Commissions expense 9,536 10,904 Depreciation and amortization 136 89 Total operating expenses 35,637 46,079 Income from operations 12,992 13,987 Other income (expense), net 156 (24) Income before income taxes 13,148 13,963 Income tax provision 2,723 2,683 Net income \$ 10,425 \$ 11,280 Net income per common share: 5 0.93 \$ 0.96 Diluted \$ 0.93 \$ 0.95 \$ 0.93 \$ 0.95		20)17	2016	
Cost of sales 11,245 14,280 Gross profit 48,629 60,066 Operating expenses: 25,965 35,086 Commissions expense 9,536 10,904 Depreciation and amortization 136 89 Total operating expenses 35,637 46,079 Income from operations 12,992 13,987 Other income (expense), net 156 (24) Income before income taxes 13,148 13,963 Income per common share: \$ 10,425 \$ 11,280 Net income \$ 0,93 \$ 0.96 Diluted \$ 0.93 \$ 0.95 Weighted-average number of common shares outstanding: 11,229 11,773 Diluted 11,221 11,1817			(Unaud	ited)	
Gross profit 11,000 Operating expenses: 48,629 60,066 Commissions expense 25,965 35,086 Selling, general and administrative expenses 9,536 10,904 Depreciation and amortization 136 89 Total operating expenses 35,637 46,079 Income from operations 12,992 13,987 Other income (expense), net 156 (24) Income before income taxes 13,148 13,963 Income tax provision 2,723 2,683 Net income \$ 10,425 \$ Basic \$ 0.93 \$ 0.96 Diluted \$ 0.93 \$ 0.95 Weighted-average number of common shares outstanding: 11,229 11,773 Diluted 11,251 11,817	Net sales	\$	59,874	\$ 74,346	
Operating expenses: 25,965 35,086 Selling, general and administrative expenses 9,536 10,904 Depreciation and amortization 136 89 Total operating expenses 35,637 46,079 Income from operations 12,992 13,987 Other income (expense), net 156 (24) Income before income taxes 13,148 13,963 Income tax provision 2,723 2,683 Net income \$ 10,425 \$ Basic \$ 0.93 \$ 0.96 Diluted \$ 0.93 \$ 0.95 Weighted-average number of common shares outstanding: 11,229 11,773 Diluted 11,251 11,817	Cost of sales		11,245	14,280	
Commissions expense 25,965 35,086 Selling, general and administrative expenses 9,536 10,904 Depreciation and amortization 136 89 Total operating expenses 35,637 46,079 Income from operations 12,992 13,987 Other income (expense), net 156 (24) Income before income taxes 13,148 13,963 Income tax provision 2,723 2,683 Net income \$ 10,425 \$ 11,280 Net income per common share: \$ 0.93 \$ 0.96 Diluted \$ 0.93 \$ 0.95 Weighted-average number of common shares outstanding: \$ 11,229 11,773 Diluted 11,251 11,817	Gross profit		48,629	60,066	
Selling, general and administrative expenses 9,536 10,904 Depreciation and amortization 136 89 Total operating expenses 35,637 46,079 Income from operations 12,992 13,987 Other income (expense), net 156 (24) Income before income taxes 13,148 13,963 Income tax provision 2,723 2,683 Net income \$ 10,425 \$ 11,280 Net income per common share:	Operating expenses:				
Depreciation and amortization 136 89 Total operating expenses 35,637 46,079 Income from operations 12,992 13,987 Other income (expense), net 156 (24) Income before income taxes 13,148 13,963 Income tax provision 2,723 2,683 Net income \$ 10,425 \$ Basic \$ 0.93 \$ 0.96 Diluted \$ 0.93 \$ 0.95 Weighted-average number of common shares outstanding: 11,229 11,773 Diluted 11,251 11,817	Commissions expense		25,965	35,086	
Total operating expenses 35,637 46,079 Income from operations 12,992 13,987 Other income (expense), net 156 (24) Income before income taxes 13,148 13,963 Income tax provision 2,723 2,683 Net income \$ 10,425 \$ 11,280 Net income per common share: \$ 0.93 \$ 0.96 Diluted \$ 0.93 \$ 0.95 Weighted-average number of common shares outstanding: \$ 11,229 11,773 Diluted \$ 11,251 11,817	Selling, general and administrative expenses		9,536	10,904	
Income from operations $12,992$ $13,987$ Other income (expense), net 156 (24) Income before income taxes $13,148$ $13,963$ Income tax provision $2,723$ $2,683$ Net income \$ 10,425 \$ 11,280 Net income per common share: 8 0.93 \$ 0.96 Diluted \$ 0.93 \$ 0.95 9.93 \$ 0.95 Weighted-average number of common shares outstanding: $11,229$ $11,773$ $11,817$	Depreciation and amortization		136	89	
Other income (expense), net 156 (24) Income before income taxes 13,148 13,963 Income tax provision 2,723 2,683 Net income \$ 10,425 \$ 11,280 Net income per common share: 3 0.93 \$ 0.96 Diluted \$ 0.93 \$ 0.95 3 0.95 Weighted-average number of common shares outstanding: 3 $11,229$ $11,773$ Diluted $11,251$ $11,817$	Total operating expenses		35,637	46,079	
Income before income taxes 13,148 13,963 Income tax provision 2,723 2,683 Net income \$ 10,425 \$ 11,280 Net income per common share:	Income from operations		12,992	13,987	
Income tax provision 2,723 2,683 Net income \$ 10,425 \$ 11,280 Net income per common share:	Other income (expense), net		156	(24)	
Net income \$ 10,425 \$ 11,280 Net income per common share:	Income before income taxes		13,148	13,963	
Set income per common share: S 0.93 S 0.96 0.96 0.93 S 0.96 0.95 </td <td>Income tax provision</td> <td></td> <td>2,723</td> <td>2,683</td>	Income tax provision		2,723	2,683	
Basic \$ 0.93 \$ 0.96 Diluted \$ 0.93 \$ 0.95 Weighted-average number of common shares outstanding:	Net income	\$	10,425	\$ 11,280	
Diluted Image: Constraint of Common Shares outstanding: Basic 11,229 Diluted 11,251	Net income per common share:				
Weighted-average number of common shares outstanding:BasicDiluted11,22911,25111,817	Basic	\$	0.93	\$ 0.96	
Basic 11,229 11,773 Diluted 11,251 11,817	Diluted	\$	0.93	\$ 0.95	
Diluted 11,251 11,817	Weighted-average number of common shares outstanding:				
	Basic		11,229	11,773	
Cash dividends declared per common share \$ 0.44 \$ 0.05	Diluted		11,251	11,817	
	Cash dividends declared per common share	\$	0.44	\$ 0.05	

NATURAL HEALTH TRENDS CORP. CONSOLIDATED STATEMENTS OF CASH FLOWS (In thousands)

	T	Three Months Ended March 31,		
		2017		
		(Unaudited	l)	
CASH FLOWS FROM OPERATING ACTIVITIES:				
Net income	\$	10,425 \$	11,280	
Adjustments to reconcile net income to net cash provided by operating activities:				
Depreciation and amortization		136	89	
Stock-based compensation		9	74	
Cumulative translation adjustment realized in net income		(258)		
Changes in assets and liabilities:				
Inventories		2,091	189	
Other current assets		1,419	(45)	
Other assets		(62)	5	
Accounts payable		(61)	(840)	
Income taxes payable		1,798	2,620	
Accrued commissions		(428)	(2,923)	
Other accrued expenses		(1,555)	925	
Deferred revenue		(647)	2,445	
Amounts held in eWallets		1,138	280	
Other current liabilities		314	(157)	
Long-term incentive		(508)	(120)	
Net cash provided by operating activities		13,811	13,822	
CASH FLOWS FROM INVESTING ACTIVITIES:			-) -	
Purchases of property and equipment		(72)	(240)	
Net cash used in investing activities		(72)	(240)	
CASH FLOWS FROM FINANCING ACTIVITIES:				
Repurchase of common stock		_	(18,319)	
Dividends paid		(4,981)	(576)	
Net cash used in financing activities		(4,981)	(18,895)	
Effect of exchange rates on cash and cash equivalents		(7)	30	
Net increase (decrease) in cash and cash equivalents		8,751	(5,283)	
CASH AND CASH EQUIVALENTS, beginning of period		125,921	104,914	
CASH AND CASH EQUIVALENTS, end of period	\$	134,672 \$	99,631	
SUPPLEMENTAL DISCLOSURES OF OTHER CASH FLOW INFORMATION:	-	- , +		
Issuance of treasury stock for employee awards, net		1,393	_	
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