

COMMUNICATIONS WITH THE BOARD

Any employee, stockholder or other person may contact the Company's Board of Directors or particular Board members. Please choose one of the options listed below to transmit a communication, including any complaints about the Company's accounting, internal accounting controls or auditing matters or other concerns.

MAIL

Natural Health Trends Corp.
609 Deep Valley Dr.
Suite 395
Rolling Hills Estates, CA 90274
Attn: Timothy S. Davidson

EMAIL

compliance@nhtglobal.com

- All communications will be received and processed by Timothy S. Davidson, who performs the duties of the Company's Chief Compliance Officer, before being referred to the appropriate Board member(s). If you have a complaint or concern that appears to involve Mr. Davidson, then you may directly contact the Chairman of the Audit Committee, Randall A. Mason, at audit.chair@nhtglobal.com.
- Complaints relating to the Company's accounting, internal accounting controls or auditing matters, and concerns regarding questionable accounting or auditing matters will be referred to the Chairman of the Audit Committee.
- Other Board communications will be referred to the Chairman of the Company's Board of Directors.
- If you have identified yourself, you will receive a written acknowledgement from the Company upon receipt of your written communication.
- To report any complaints or concerns anonymously:
 - Website: www.lighthouse-services.com/nhtglobal
 - Toll-Free Telephone:
 - English speaking USA and Canada: 844-420-0044
 - Spanish speaking USA and Canada: 800-216-1288
 - Spanish speaking Mexico: 01-800-681-5340
 - All other countries: 800-603-2869 (must dial country access code first)
 - E-mail: reports@lighthouse-services.com (must include company name with report)
 - Fax: (215) 689-3885 (must include company name with report)
- It is against the Company's policy to discharge, demote, suspend, threaten, harass or in any manner discriminate against any employee in the terms and conditions of employment based upon any lawful actions of such employee with respect to good faith reporting of complaints regarding accounting matters or otherwise as specified in Section 806 of the Sarbanes-Oxley Act of 2002.